

WACSEP

Parent Training Series



5:00 pm English

[September 30, 2020](#) [Routines, Schedules and Setting up the Learning Environment](#)

Routines, schedules, and the environment play a big role in the success of your child's learning. Strategies on structuring your home learning environment, the use of schedules and routines, and visual supports will be presented and discussed to understand how these can reduce feelings of stress and anxiety in your child.

[October 14, 2020](#) [Understanding My Child's Behavior](#)

Understanding why your child behaves in certain ways is important in order to know how to respond to the behaviors. This will allow you to teach your child appropriate ways of communicating his/her needs, with the use of Functional Communication Training (FCT).

[October 28, 2020](#) [Supporting My Child's Learning](#)

Distance Learning has created new challenges for parents and students, as parents/caregivers have become, their child's primary support during their learning process. A 3-step process of "Tell-Show-Do" will be presented, to assist with the question, "How can I get him/her to do this work?"

[November 18, 2020](#) [Catch them Being Good-Reinforcement](#)

Make your child's learning experience more efficient by providing positive consequences. In this training, you will learn how to motivate your child to engage in their learning experience and how you can provide reinforcement/rewards. We will also discuss how reinforcement is an important building block of teaching and learning.

[December 2, 2020](#) [Self-Regulation](#)

Learning to regulate our behaviors and emotions is a skill we develop over time and with practice. In this brief introduction on self-regulation, we will discuss the importance of self-regulation and ways that may help achieve it.

[December 16, 2020](#) [Co-Regulation](#)

Your emotions as a parent can affect the emotions of your child. Learn what is co-regulation and how regulating your emotional state can help your child regulate herself. What to avoid and strategies to co-regulate will be discussed.

Three Ways to Register

1. From your computer, click on the training title to register
2. Visit www.wacsep.org
3. Contact WACSEP at (562) 945-6431